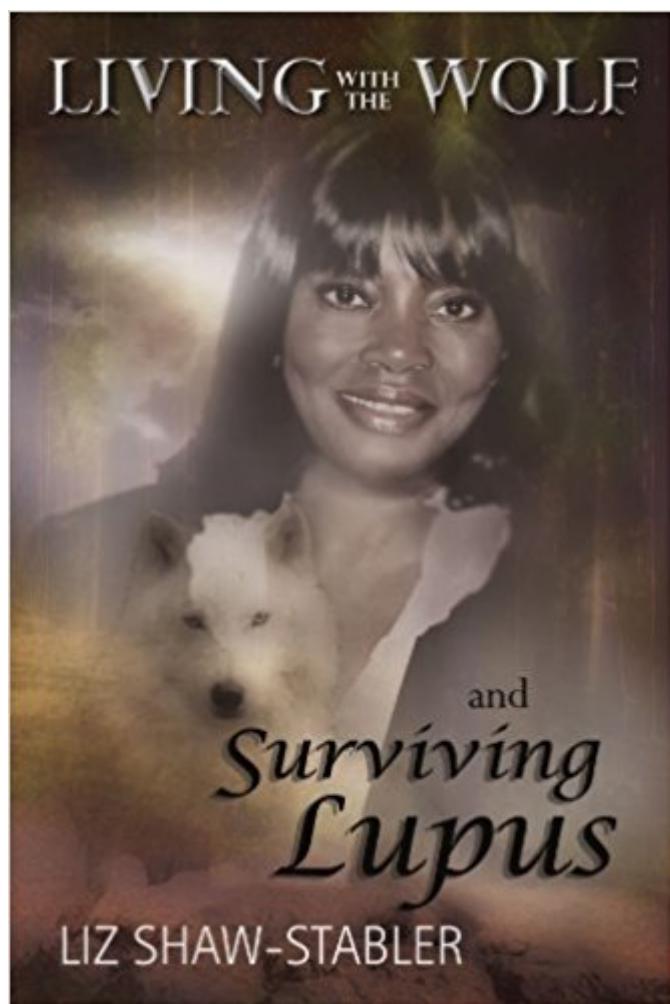


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# Living With The Wolf And Surviving Lupus



## Synopsis

This book from Liz Shaw Stabler brings passion guidance and hope to the struggle of people suffering from chronic illnesses Liz has spent decades battling systemic lupus even enduring kidney failure and the challenges of living each day after day when she feels ill and then the near miracle of kidney transplant and all of the effects on the living of life Liz is greatly admired by all who know her a fighter dedicated not only to personally overcoming illness but also to bringing health care to people of color a group that SLE strikes particularly hard Shaw Stabler is a professional educator and a passionate advocate devoting hundreds of hours to founding LupusCare which provides education and group meetings for a community in Los Angeles that is rich in African American and Latino families a community that needs much better access to health care and health education This book is another step in the battle Read it to understand to learn and to discover how one person can influence the battle for personal and public health Finally read it to be inspired and to be moved to action This book and its author are national treasures Bevra H Hahn MD Professor of Medicine Chief of Rheumatology David Geffen School of Medicine at UCLA Great Admirer of Liz Stabler Shaw Los Angeles California June 2010 Lupus is a life altering experience and wisdom provided our teachers and mentors can be enabling and empowering Liz Shaw Stabler has helped hundreds of women with her reassuring advice Daniel J Wallace MD FACP FACR Chief of Rheumatology at Cedars Sinai Medical Center Liz Shaw Stabler was born in East Texas and received her undergraduate degree from Prairie View A and M University She moved to Chicago Illinois and began her career immediately after graduation After living in Chicago for a few years teaching high school acquiring a Master s Degree and doing freelance modeling she slowed down long enough to get married She is the mother of one

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## Customer Reviews

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I was absolutely amazed reading Liz Shaw-Stabler's story of her life long struggles with systemic Lupus. While reading her story I was awaiting my own lab results for Lupus so I hung on her every word. Every time the Wolf reared it's ugly head on Liz, and it was often, I anguished the whole time she went through an attack on one organ or another, some life-threatening, her countless hospital stays, her pain and how long the Wolf hung on each time. She's an amazingly strong, determined woman who fought the Wolf her whole life and survived its every attack. I admire Liz and her

phenomenal strengths both physical and mental. As it turns out my lab results came back positive for discoid Lupus not systemic Lupus. Yes, I'm relieved my organs aren't involved but I'll still be battling my own Wolf on every front just like Liz. And even though I don't have systemic Lupus my doctor told me there's a chance, albeit low, Discoid can turn into Systemic so I'm being carefully monitored and need to see my doctor every 4 months for blood work. I highly recommend this book!!!

Anyone with a chronic health disease! Very heart warming and true. I have Lupus! I could relate to her as if it was me.

This is a very relatable book for people with lupus and other chronic diseases. It takes you through the author's personal journey with the disease and explains specific medical terms and experiences throughout. This allows the reader to develop true empathy and get a better understanding of medical jargon in context. It was an easy read and very informative.

Full of information pertinent to my case.

This book has absolutely changed my life! I have a close family member with Lupus and I could relate to almost every word of Liz's story. The way Liz is able to balance such a serious illness and her many struggles with the disease, along with humor, a positive attitude, and her determination to stay in control of her life is SO inspiring. Everyone needs to read this, not just those with a chronic illness, but there is so much to gain from her faith, determination, and advocacy for herself that anyone can benefit from this. It's also a fun read as she mixes in some of her stunning personality! I hope to read more from this Author, I would love to meet her and talk with her more! This is a MUST read!!!!!!

Really interesting and written well. As a fellow Lupus sufferer it gave me information I may need. I also could identify with the writer. I have had a lot of the same set backs.

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